

ALL YOUR ANXIETY

PHILIPPIANS 4:6-7

- I. **THE APOSTLE TELLS US WHAT WE AS BELIEVERS GET TO WORRY ABOUT (4:6a)**
 - A. *Nothing* Covers Essentially Everything
 1. The Scriptures Do Acknowledge That Men Worry
 - a. Jesus Addressed The Necessities Of Life
 - b. Paul Addressed Other Areas
 - i. The Area Of Marriage
 - ii. The Area Of Ministry
 2. The Scriptures Nevertheless, Prohibit An Anxious Mind About Any Of It
 - B. *But In Everything* Is As Broad As The "Nothing"
- II. **THE APOSTLE PROVIDES A PROGRESSIVE FOUR STEP APPROACH TO INSURE A WORRY FREE LIFE (4:6b)**
 - A. Adopt A Specific Attitude Or Realm Of Life: *Prayer*
 - B. Become A Supplicant {Spiritual Beggar}: *Supplication*
 - C. Do It With Gratitude: *Thanksgiving*
 - D. Make Your *Requests*
- III. **THE APOSTLE STATES A PROMISE THAT FEW OF US BELIEVE (4:7)**
 - A. The Acquisition Of An Incomprehensible, Yet Practical Peace
 - B. A Supernatural Guard On The Components Of Our Personality