

ALL YOUR ANXIETY

PHILIPPIANS 4:6-7

I. THE APOSTLE TELLS US WHAT WE AS BELIEVERS GET TO WORRY ABOUT (4:6a)

A. *Nothing* Covers Essentially Everything

1. The Scriptures Do Acknowledge That Men Worry

- a. Jesus Addressed The Necessities Of Life
- b. Paul Addressed Other Areas
 - (1) The Area Of Marriage
 - (2) The Area Of Ministry

2. The Scriptures Nevertheless, Prohibit An Anxious Mind About Any Of It

B. *But In Everything* Is As Broad As The "Nothing"

II. THE APOSTLE PROVIDES A PROGRESSIVE FOUR STEP APPROACH TO INSURE A WORRY FREE LIFE (4:6b)

A. Adopt A Specific Attitude Or Realm Of Life: *Prayer*

B. Become A Supplicant {Spiritual Beggar}: *Supplication*

C. Do It With Gratitude: *Thanksgiving*

D. Make Your *Requests*

III. THE APOSTLE STATES A PROMISE THAT FEW OF US BELIEVE (4:7)

A. The Acquisition Of An Incomprehensible, Yet Practical Peace

B. A Supernatural Guard On The Components Of Our Personality